



## Empowerment of Religious Values in Controlling Divorce Rates in Parepare City (Analysis of the Role of Religious Institutions)

Mulki Sahnur<sup>1\*</sup>, Agus Muchsin<sup>2</sup>, Rusdaya Basri<sup>3</sup>, M. Nasri Hamang<sup>4</sup>, Zainal Said<sup>5</sup>

<sup>1-5</sup>Pascasarjana Institut Agama Islam Negeri (IAIN) Parepare, Indonesia

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### ABSTRACT

The aim of this research is to describe the factors that influence the high divorce rate in Parepare City. Next, it provides an analysis of religious relations in response to the high divorce rate and the role of religious institutions in minimizing the occurrence of divorce in Parepare City.

This research is a type of qualitative descriptive research with a field research style with a phenomenological approach which is useful for exploring the factors that influence the high divorce rate in Parepare City as well as religious relations and the role of religious institutions in minimizing the divorce rate in Parepare City. The primary data source for this research was obtained from direct interviews with religious institutions in Parepare City.

The research results show: 1). Several factors for the high divorce rate in Parepare City are due to domestic violence, then other factors are also due to a person's level of education in married life, and the factor of not fulfilling a living both physically and mentally and a factor in the occurrence of divorce is a person's low religious values. 2). Divorce law is something that requires clear causes and conditions regarding the time the divorce occurred. Because if a divorce is carried out without any particular reason and without paying attention to the conditions or time of the divorce, the divorce may not be carried out. Divorce from a religious perspective is something that can definitely happen as a result of marriage, but divorce is the thing that is most hated by Allah and His Messenger. 3). The role of religious institutions in Parepare City in reducing the high divorce rate is by optimizing the function of the BP4 institution which plays a role as an educational, consultative and marriage empowerment institution. Apart from that, the BP4 institution also provides competent staff such as expert advisors and religious instructors who are expected to be able to carry out their roles in broadcasting religious messages in accordance with the beliefs of those they train.

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#### Corresponding Author:

**Mulki Sahnur**

Pascasarjana Institut Agama Islam Negeri (IAIN) Parepare, Indonesia

Email: [mullkisahnur80@gmail.com](mailto:mullkisahnur80@gmail.com)

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### INTRODUCTION

Islam encourages forming a family, Islam invites humans to live in the shade of a family because the family is like a small picture of a stable life which fulfills human desires without eliminating their needs. Marriage is a sunnatullah that was deliberately created by Allah SWT, among other purposes, to continue offspring and other purposes. In fact, marriage is not only aimed at fulfilling instincts and various material desires. More than that, there are various tasks that must be fulfilled both from a psychological, spiritual and social perspective, which must be his responsibility. Instinctive satisfaction can indeed be fulfilled with

beauty and beauty, but it cannot be sufficient in satisfying the longing of the soul and the desires of the soul such as peace, love and security.

Generally, every individual really hopes that their marriage will last a lifetime to build a family that is *sakinah* (tranquility), *mawaddah* (love) and *warahmah* (affection). However, in reality, building a happy marriage is not easy, in fact often married life ends up in the middle of the road. It is not compatibility that occurs between husband and wife, but rather the increasing prominence of each other's differences. Not a few couples after having children then separate, because they no longer find their partner compatible, so that in the end the household becomes a mess and finally they choose to divorce.

To build a harmonious family structure, values are needed that can link good cooperation between a man and a woman in creating a happy family. Values are abstract realities. Values are felt within each individual as a driving force and

principles that guide life. Values occupy an important place in a person's life to the extent that a person is more prepared to sacrifice his life than to sacrifice values. The values upheld do not need to be the same for all members of society. Society consists of different groups based on socio-economic, political, religious and ethnic. Each community group can have a different value system and hierarchy. Conflicts can arise between individuals in society, because of different value systems.

Values are instilled in an individual through a socialization process through the family, immediate social environment, educational institutions, religion, mass media, and traditions. Values must be distinguished from norms and principles. Values are the driving force in life that gives meaning to a person's actions. Values have two aspects, namely intellectual and emotional. The combination of these two aspects will determine a value and function in life. If in giving meaning and validation to an action the emotional element is very small, while the intellectual element is more dominant, then the combination is called a norm or principle. On the other hand, new norms will become values if they are in accordance with their choices and are implemented in the behavior patterns and thinking patterns of a group. Values are the basis or foundation for change.

The role of religion as an integrative factor for society is the role of religion in creating common bonds, both between members of several societies and in social obligations that help unite them. This is because the values that underlie systems of social obligations are jointly supported by religious groups so that religion guarantees consensus in society. This is further strengthened by the existence of a sacred concept that surrounds religious values so that they are not easy to change and have strong authority in society.

In essence, an ideal marriage lasts forever, not just for a certain period of time. An ideal husband and wife are only separated by death. However, not all married couples are able to maintain their marriage. Misunderstandings that occur lead to disputes and conflicts and end in divorce, either divorce at the husband's request or the wife's lawsuit through a court hearing. Thus, it shows that family life does not always occur in harmony.

Divorce can be interpreted as the end of a husband and wife's relationship which is decided by law or religion (*talak*) because there is no longer mutual attraction, mutual trust and also no compatibility with each other, causing disharmony in the household. Divorce is a form of social problem in society that is seen as inconsistent with the goals of marriage. Divorce is not something that is planned, because divorce can happen to anyone. Divorce is the breakdown of the relationship between husband and wife, which is caused by incompatibility with each other. If their relationship no longer allows achieving the goals of marriage.

The divorce rate is increasing over time. Divorce itself can also occur due to several causal factors, according to Law Number 1 of 1974 concerning marriage which is explained in article 38 that marriages can be dissolved due to death, divorce, and by court decision. The assumption regarding divorce can be explained that the divorce was caused by a moral crisis that befell one of the married couples, such as the actions of one person with another woman or man. Abusive actions towards the wife or vice versa, whether in the form of words, in the form of domestic violence which can cause suffering and also because the husband left for several years and other factors also cause divorce, including economic factors, responsibilities, disturbances. from third parties, and harmony. Then, if the divorce is caused by death, then it is clear that this cannot be avoided. In contrast to divorce which is caused by other factors, a solution must be sought as quickly as possible so that it can be avoided.

Divorce is closely related to a person's religious values. Values can be defined as qualities that are desired or considered important. Values can be conceptualized at the individual level and at the group level. At the individual level, values are social representations or moral beliefs that are internalized and used as the final rational basis for their actions.

The divorce rate in the city of Parepare increases by 10% every year. For example, in 2019 divorce cases reached approximately 600 and in 2020 there was an increase to 668 divorce cases. Looking at several factors that influence the occurrence of divorce in the city of Parepare, including domestic violence (KDRT), third parties, housing agreements and economic factors.

This research aims to examine the underlying factors that lead to divorce, whether it is related to a person's religious understanding or not. While there are several facts about divorce cases that occur in the

field, someone who is known as someone who understands religion failed to build a household and ended up in divorce, from this a big question arises regarding religion when looking at the divorce cases that occurred in the city of Parepare.

## METHOD

The type of research used is descriptive qualitative. Qualitative research approaches usually place more emphasis on meaning, interpretation, definition of situations in certain contexts and are related to everyday life and are more concerned with processes than results. The location of this research is the religious court in the city of Parepare and religious institutions in the city of Parepare. Data sources in this research include primary data, secondary data, literature and the internet (books, articles, journals, theses, online theses). The data collection techniques in this research include library research techniques. Meanwhile, the data analysis technique in this research is through data reduction, data presentation and drawing conclusions.

## RESULTS AND DISCUSSION

### Factors that Influence the High Divorce Rate in Parepare City

Various problems are also often experienced in household or marriage matters and it is not uncommon for them to result in disastrous separation or divorce. Meanwhile, divorce as one of the consequences of a marriage that is considered no longer compatible is influenced by various factors that cause it. This can be seen from the results of the description of an interview excerpt with one of the respondents who stated that there are several factors that cause divorce, including as described in the following interview excerpt:

*Many divorce cases occur due to domestic violence (KDRT), economic factors and infidelity. I see from several factors and the number of divorce cases that occur, it cannot be separated from a person's level of education. The educational factor for someone who has established a family is closely related to achieving harmonious household relationships. Apart from the environment which influences a person's growth period, the level of education also determines the formation of a person's character during their youth. So those who do not receive a good education tend to be vulnerable to divorce.*

The description of the interview results above can provide an explanation that several factors causing rifts in marriages that lead to divorce can be caused by several things, including the presence of elements of domestic violence.

Apart from that, the results of the interview above also explain that a person's level of education also determines how a person lives their domestic life and decides various matters rationally. In other words, a person's level of education also influences relationships and the longevity of marital status. The higher a person's level of education, the greater the guarantee that he can lead his home life well, calmly and without unnecessary conflicts that can lead to divorce.

This assumption about the important value of education before and when navigating the household has led to the birth of the term premarital education. Apart from equipping prospective bridal couples with certain values, it aims to prevent and reduce certain problems in social life and human rights related to marriage and family. The important value of education is also an effort to minimize the high number of underage marriages which tend to be carried out without careful consideration and based on pure lust.

Domestic violence or domestic violence is indeed a serious problem in marriage which can be a major factor in divorce. However, domestic violence is not the only factor that influences the high divorce rate in the city of Parepare. Another factor which is also one of the causes of divorce can be seen from the results of an interview conducted with one of the respondents who stated that one of the factors causing divorce is the issue of unfulfilled living. For more information about these factors, you can see the following interview excerpt:

*Responding to the divorce case that occurred in the city of Parepare. There are many kinds of divorce cases that occur, but I respond more to the issue of maintenance. Of the many divorce cases that occur, it is influenced by several factors. In more detail, this divorce case was influenced by the husband and wife's continuous arguments which ended in divorce. This is influenced by the problem of inadequate physical and spiritual support between husband and wife.*

The results of the interview above can provide an explanation that the issue of not fulfilling a living both internally and externally can also be a major factor in divorce cases. If one of the parties, both husband and wife, cannot fulfill these elements of maintenance, then the logical consequence that can arise in their household is the bitterness of divorce. The issue of livelihood in this category is not only focused on external livelihood or fulfilling economic elements in the household, but also on the inner element as one of human needs. If one party cannot fulfill these needs then it is certain that the other party will certainly not feel satisfaction in marriage.

### Religious Views on Divorce

Religion is a belief that originates from each individual, then a collective agreement occurs to make it a community belief. Belief in religion arises because humans need something to rely on in their lives. Apart

from being social creatures, humans are also religious creatures. Human belief is not merely belief in the existence of God, but belief in everything, even someone who believes in anti-God or an atheist believes even though they do not believe in the existence of God. The study of religion functionally links the function of religion or religious practices in the lives of individuals and groups with legal norms or rules that legitimize social actions. The function of religion for each individual is as a self-identity that provides guidance in life or a way of life. Symbolically, religion is defined as a system in the form of symbols. In every belief system, religious practices imply religious meaning. Religion is also seen as a cultural system combined with aspects of "a system of ideas, a system of meaning and a system of values". The idea and meaning system 50 refers to the visible reality, while the value system refers to the reality that must be achieved.

Basically, humans have limited knowledge in many things, both regarding things that are visible and unseen, and also limited in predicting what will happen to themselves and others, and so on. Because of these limitations, humans need religion to help and provide spiritual enlightenment to themselves. Humans need religion not only for their own good before God, but also to help themselves in dealing with various problems that sometimes cannot be overcome. he understood. This is where humans are implied by themselves and nature that there is a Substance that is superior to themselves, the Almighty, as explained by anthropologists that religion is a response to the need to overcome failures that arise due to humans' inability to understand events or events whose appearance cannot be known precisely.

Religion as a tool of social control in society is closely related to harmony in the household. Divorce from a religious perspective is an inevitability that cannot possibly be avoided, this is natural because the dynamics of human households are dynamic and impermanent. Even though the goal of marriage is to build a lasting and happy household, the problems in the household are also increasingly complex and difficult to overcome. Islamic law justifies divorce, but the correct divorce is one that is carried out in the correct way. The reasons for divorce from the perspective of Islamic law are the most basic reasons, namely that if divorce is not carried out, the domestic life of husband and wife will bring more harm than good. With this foundation, divorce is the solution that must be taken.

Divorce in Islam is known as thalak and khuluk. Thalak is a divorce where the initiative comes from the husband, while khuluk is a divorce where the initiative comes from the wife. These thalak and khuluk are understood as legal acts that result in the dissolution of the marriage bond between husband and wife in a manner that is makruf or in accordance with good customs. Divorce is a legal act that is halal or permissible, but it is the act that is most hated by God Almighty. Islam regulates the conceptual construction of divorce and the legal consequences it causes as regulated in the Koran and hadith texts with the principles of justice and love.

Basically, divorce, as explained previously, is something that can happen because of marriage. Or in other words, divorce is part of marriage itself. There are many factors in the occurrence of divorce, as explained in the previous chapter. However, apart from these factors, the religious view on divorce has been clearly stated that divorce is something that can be done but on the other hand is something that is most hated by Allah SWT.

### **The Role of Religious Institutions in Parepare City in Controlling Divorce Rates**

The divorce rate that occurs in Parepare City continues to increase significantly every year, reaching 10% every year. For example, in 2019, divorce cases reached approximately 600 and in 2020 there was an increase to 668 divorce cases. Looking at several factors that influence the occurrence of divorce in the city of Parepare, including domestic violence (KDRT), the presence of third parties, disputes regarding housing agreements and economic factors and other factors as stated in the previous chapter and from the interview information provided. have been done.

The increasing number of divorces in Parepare City is of course a serious concern for several related institutions in order to overcome and minimize this household problem. This is mainly focused on religious institutions in Parepare City. As is known, within the internal environment of religious institutions, especially religious courts, there is a formal institution that specifically handles divorce cases, known as BP4 (Marriage Preservation and Advisory Body).

The BP4 Institution (Marriage Preservation and Advisory Agency) is an institution that was formed in order to support the tasks of the Ministry of Religion, or the Ministry of Religion's work partners in fostering, pursuing and realizing a household that is focused on the family concept of *sakinah*, *mawaddah* and *warahmah*. Apart from that, BP4 also provides information and advice about marriage to pre-marital couples in order to improve the quality of marriage in the future. BP4 in its regulations aims to improve the quality of marriage in order to create a *sakinah* family according to Islamic teachings and to achieve an advanced, independent, happy, prosperous Indonesian society and nation, both materially and spiritually. while BP4's vision is the realization of a *sakinah*, *mawaddah* and *warahmah* family, while BP4's mission is: First. Improving the quality of marriage consultation, mediation and advocacy. Second. Improving services for troubled families through counseling, mediation and advocacy. Third. Strengthen institutional capacity and

human resources in order to optimize programs in achieving goals.

This description shows that basically the existence of BP4 within the scope of religious institutions is not only to achieve the concept of an ideal family but also to equip couples who want to carry out marriage plans through a regular consultation method on marriage issues. Apart from that, the existence of this institution also becomes a mediation instrument in dealing with family conflicts which can lead to divorce decisions. Of course, with the existence of this institution, it is hoped that it can become an instrument to neutralize the increasing divorce rate that occurs in Indonesia, especially in Parepare City.

The existence of the BP4 institution, apart from being a family counseling facilitator, also provides other instruments that are competent in their field, such as providing expert advisors and religious counselors who of course have an important role in broadcasting religion as a framework for carrying out an ideal family life. With the presence of these individuals, it is hoped that the goal of marriage will be truly achieved with definite steps and of course avoiding family conflicts which can result in unwanted divorce.

Based on the information above, it can be concluded that the role of religious institutions, especially in Parepare City, in reducing the high divorce rate is by optimizing the function of the BP4 institution which plays a role as an educational, consultative and marriage empowerment institution. Apart from that, the BP4 institution also presents competent personnel such as expert advisors and religious instructors who are expected to be able to carry out their role in broadcasting religious messages in accordance with the beliefs of the parties they foster, so that marriages can last forever and the function of religion can truly be lived out and applied as well as possible in personal, family and social community life as a whole.

## CONCLUSION

Several factors in the occurrence or high number of divorces in Parepare City are caused by domestic violence which causes married life to not go well. Furthermore, another factor is also a person's level of education, both pre-marital and post-marital, which greatly influences married life. Apart from that, another factor which is also a factor in the occurrence of divorce is the problem of not fulfilling a living both physically and mentally and another factor which is also closely related to the factor in which divorce occurs is a person's low religious values.

Divorce law is something that requires clear causes and conditions regarding the time the divorce occurred. Because if a divorce is carried out without any particular reason and without paying attention to the conditions or time of the divorce, the divorce may not be carried out. In this way, it can also be ascertained that divorce from a religious perspective is something that can definitely happen as a result of marriage, but divorce is the thing that is most hated by Allah and His Messenger.

The role of religious institutions, especially in Parepare City, in reducing the high divorce rate is by optimizing the function of the BP4 institution which plays a role as an educational, consultative and marriage empowerment institution. Apart from that, the BP4 institution also presents competent personnel such as expert advisors and religious instructors who are expected to be able to carry out their role in broadcasting religious messages in accordance with the beliefs of the parties they foster, so that marriages can last forever and the function of religion can truly be lived out and applied as well as possible in personal, family and social community life as a whole.

## RECOMMENDATION

To the Regional Government, the government must be more active in providing education about the values of an intact family through available instruments or providing guidance to prospective brides and grooms outside of the duties of religious counselors so that parties wishing to marry can understand the complexities of life after marriage.

For Religious Institutions, the duties and important roles of religious institutions must be further emphasized so that the divorce rate can be reduced from year to year. By optimizing the role of education, consultation and empowerment, especially for prospective brides and grooms who are considered still vulnerable to religious values as well as prospective brides at an early age. By optimizing these roles and functions, the widespread divorce rate that occurs in Parepare City in particular can be minimized.

To the community, there needs to be legal awareness so that people continue to comply with the laws that have been set by the government, especially the desire to marry early which is very vulnerable to conflicts that occur due to trivial matters that cannot be resolved. So that the divorce rate can be minimized, it is not only borne by the government and religious institutions but also becomes a complex responsibility for all elements of society.

To further researchers, so that this research makes the data and results more accurate. It may be necessary to conduct further research over a longer period of time, so that it can be seen effectively and efficiently, especially regarding the role of religion and religious institutions in minimizing the high divorce rate.

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